

ANNUAL REPORT 2023-2024

JAHANDAD SOCIETY FOR COMMUNITY DEVELOPMENT

President's Message:

It is with immense pride and deep satisfaction that I share the completion of another successful year for the Jahandad Society for Community Development (JSCD). Our unwavering commitment to serving humanity has allowed us to expand our reach and impact in ways that exceed our previous accomplishments. I am honored to present the JSCD Annual Report for 2023-2024, a year that stands as a significant milestone in our journey. This period has served as a pivotal step toward realizing our long-term vision of empowering those deprived of basic necessities, enabling them to create opportunities for themselves and others.

Reflecting on our progress, I am deeply grateful to our dedicated staff, committed partners, and supportive stakeholders. Your unwavering support and tireless efforts have been instrumental in achieving the successes we celebrate today.

Since our establishment in 2002, with a mission to serve underprivileged populations across the nation, JSCD has consistently focused on some of the most geographically challenging areas of Pakistan. As we now celebrate 22 years of dedication to this noble cause, we take pride in our journey. Despite numerous challenges, JSCD has remained resilient, achieving remarkable progress in the fields of health, education, economic empowerment, and the socio-economic upliftment of marginalized communities, particularly women and children.

At JSCD, we believe that there are no limits to what we can achieve together. The success we've cultivated through our passion for working with the underprivileged serves as a powerful reminder of the impact we can make when guided by a strong strategic direction and fueled by the collective efforts of hardworking individuals and organizations.

It has been an honor and a source of great encouragement to receive the support of both national and international organizations throughout the year. Their collaboration has enabled us to efficiently pool our efforts and resources toward a common goal, making us stronger together. We look forward to continuing to strengthen these relationships, ensuring long-term benefits for our members and the broader community.

I extend my heartfelt gratitude to every individual and organization that has contributed to our mission, supported us, and enabled JSCD to thrive. I wish everyone associated with JSCD continued success and firmly believe that through our collective endeavors, we can bring lasting prosperity to underprivileged communities across the country.



Dr. Maliha Aslam
President, JSCD

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FREE FOOD PROGRAM

FOOD PROGRAM AT SGRH

One of the significant challenges that Pakistan faces today is the pervasive issue of malnutrition, rooted in systemic problems such as poverty, low food consumption, and the intake of food with insufficient nutritional value. Unfortunately, Pakistan has one of the highest rates of malnutrition, a problem that is both complex and widespread. Nutritional deficiencies range from protein to iodine, leading to various health issues that perpetuate a vicious cycle of poor health. Maternal malnutrition, in particular, plays a critical role in this cycle. Malnourished women often give birth to undernourished children who remain malnourished throughout their lives, making the issue endemic in the region. Malnutrition is not solely the result of inadequate dietary intake but also involves interrelated factors such as household food insecurity, inadequate maternal and childcare, and poor health and environmental services.



In response to the urgent need for proper nutrition, JSCD has taken a proactive stance by providing quality food to those in need. Since 2000, we have been successfully operating a Free Food Program at Sir Ganga Ram Hospital (SGRH) in Lahore, serving over 800 patients twice daily. This welfare service also extends to children suffering from thalassemia at the Thalassemia Center within the hospital.



This program has been sustained through the generosity of philanthropists who regularly donate to the cause, as well as through the wholehearted contributions of many who recognize and support JSCD's efforts. The food is prepared in a purpose-built kitchen managed by a dedicated team of 12 JSCD staff members, including 6 cooks, 4 helpers, a store in charge, and a supervisor. To ensure the highest standards, JSCD also conducts client satisfaction surveys, which have consistently shown that patients are satisfied with both the quality and quantity of the food provided.

RATION TO POOR FAMILIES

Providing free rations to impoverished families in Lahore is another key welfare activity undertaken by JSCD. In 2023-2024, a total of 135 families were registered to receive monthly rations from JSCD. Each family received a carefully curated package of essential food items to support their nutritional needs, including:

- Flour: 10 kg
- Pulses: 2 kg
- Rice: 4 kg
- Tea: 200 g
- Sugar: 2 kg
- Ghee: 2 kg

This initiative reflects our commitment to addressing food insecurity and ensuring that vulnerable families have access to necessities.

DISTRIBUTION OF RATION PACKS IN THE HOLY MONTH OF RAMZAN

During the Holy Month of Ramzan, JSCD undertook a significant initiative to support those in need by distributing ration packs to underprivileged families. Understanding the increased hardships faced by many during this sacred time, our team mobilized resources to provide essential food items, ensuring that families could observe their fasts with dignity and peace of mind. This initiative was made possible through the generous contributions of our donors and the tireless efforts of our volunteers, who worked diligently to reach remote and underserved communities. Through this distribution, we were able to bring relief to numerous households, reaffirming our commitment to serving those in need. Each family received a carefully curated package of essential food items to support their nutritional needs, including:

- Flour: 10 kg
- Pulses: 2 kg
- Rice: 4 kg
- Tea: 200 g
- Sugar: 2 kg
- Ghee: 2 kg

- Basan: 2 Kg
- Jam e Shirin 2 800 ml Bottle



EDUCATION SCHOLARSHIP PROGRAM

Since 2004, JSCD has been committed to empowering young individuals through the "JSCD Scholars Program," which supports students and individuals in need of professional training across various fields. This program, made possible through the generosity of private donors, has benefited numerous young men and women over the years.

At the inception of the program, 15 young men and women with demonstrated abilities and aspirations for professional training received funding for their degrees. Additionally, 20 high-achieving matriculation students, who lacked the resources to continue their education, were supported through this initiative.

In 2023-2024, JSCD continued its scholarship program, providing educational scholarships to students in need. This ongoing support underscores our belief in the transformative power of education and our commitment to nurturing the potential of the next generation.

HEALTH

Fistula Repair Project

In collaboration with the Fistula Foundation and the Pakistan National Forum for Women's Health (PNFHW), JSCD has been actively involved in the prevention and treatment of obstetric fistula in Pakistan. Fistula, often resulting from prolonged or obstructed labor, is a devastating condition that causes constant leakage of urine and feces due to tissue damage in the vagina. This condition brings lifelong shame, pain, and discomfort to thousands of women, yet it can be repaired by qualified surgeons and, more importantly, prevented with proper medical care during childbirth.

According to UN reports, Pakistan sees an estimated 4,000-5,000 new cases of fistula each year, particularly in rural areas. In response, JSCD, in collaboration with its partners, has undertaken significant initiatives to address this issue.

Fistula Repair Centre

Since 2006, JSCD has been the implementing partner of the Fistula Repair Centre, initially located at Lady Willingdon Hospital, Lahore, and now relocated to Central Park Medical and Teaching Hospital, Lahore. This center serves 36 densely populated districts, providing free-of-charge services to those in need. The center is equipped with a full-fledged operation theater dedicated to fistula repair, staffed by a team of trained consultants who perform surgeries six days a week. Additionally, a 10-bed ward is available for patients, along with a separate outdoor facility for post-operative care.

During the 2023-2024 period, the Fistula Repair Centre treated a total of 128 patients, including 117 with Vesicovaginal Fistula (VVF) and 11 with Rectovaginal Fistula (RVF). This program continues to be a beacon of hope for women suffering from this debilitating condition.



Catchment area

The Fistula Repair Centre receives patients from catchment areas in the following districts of Punjab

- Attock
- Bahawalnagar
- Bahawalpur
- Bhakkar
- Chakwal
- Chiniot
- Dera Ghazi Khan
- Faisalabad
- Gujranwala
- Gujrat
- Hafizabad
- Jhang
- Jhelum
- Kasur
- Khanewal
- Khushab
- Lahore
- Layyah
- Lodhran
- Mandi Bahauddin
- Mianwali
- Multan
- Muzaffargarh

- Narowal
- Nankana Sahib
- Okara
- Pakpattan
- Rahim Yar Khan
- Rajanpur
- Rawalpindi
- Sahiwal
- Sargodha
- Sheikhpura
- Sialkot
- Toba Tek Singh
- Vehari

JSCD committees

Executive Committee

NAME	DESIGNATION
• Dr. Maleeha Aslam	President
• Dr. Baligha Arif	Senior Vice President
• Mrs. Nosheen Hanif	Vice President
• Dr. Yasmin Ehsan	General Secretary
• Mr. Umer Mukhtar	Joint Secretary
• Mr. Kanwar Javed Ali	Finance Secretary
• Mrs. Mizna Zulifqar	Propaganda and Publication Secretary
• Mr. Zulifqar Nabi Malik	Executive Committee Member
• Sadiq Yousaf Yalmaz	Executive Committee Member

The JSCD Executive Committee is the supreme governing body responsible for overseeing all operations. Elected at the annual general meeting for a two-year term, the committee meets quarterly to ensure that JSCD is making progress toward its goals and fulfilling its mission of community development.

Audit Committee

- Mr. Awais Billah Chairman
- Dr. Salma Haq Member
- Mr. Irfan Ullah Khan Member

The Audit Committee, elected by the Executive Committee, provides oversight on operational matters. Meeting quarterly, the committee ensures that JSCD maintains effective and independent internal control systems, and that all accounting, financial, and management controls align with the organization's policies. This oversight is crucial in maintaining transparency and accountability in JSCD's operations.